

Festive chocolate cream

Sweet

level 

 1

 25 min



Ingredients

100 ml	Fresubin Energy Fibre DRINK Chocolate
40 g	plain chocolate coating
10 g	butter
2 g	gelatine (1 sheet)
10 g	cream (30% fat)
1 g	gingerbread spice (a pinch)

Nutritional information per serving:

Energy	484 kcal
Protein	10.4 g
Fat	31.0 g
Carbohydrate	40.0 g
Fibre	2.0 g



Alternative products:

Fresubin® Original DRINK
Fresubin® Energy DRINK
Fresubin® 2 kcal Fibre DRINK
Fresubin® Protein Energy DRINK
Fresubin® Energy Fibre DRINK

Preparation

Dissolve the chocolate coating and the butter in a bain-marie. Add the softened gelatine.

Mix with Fresubin Energy Fibre DRINK Chocolate. Season with the gingerbread spice. Fold in the whipped cream and chill.

TIP:
Add some grated chocolate.