

Mango shake

Drink

level 

 1

 3 min



Ingredients

200 ml	Fresubin Energy DRINK Vanilla
50 g	mango purée or concentrated mango
1 tea- spoon	lemon juice
5 g	sugar
30 ml	cream (30 % fat)

Nutritional information per serving:

Energy	445 kcal
Protein	12.3 g
Fat	21.0 g
Carbohydrate	50.0 g
Fibre	0.9 g



Alternative products:

Fresubin® Original DRINK
Fresubin® Energy Fibre DRINK
Fresubin® 2 kcal/Fibre DRINK
Fresubin® Protein Energy
Fresubin® Energy Fibre DRINK

Preparation

Whip the Fresubin Energy DRINK Vanilla with the sugar and the cream. Add the lemon juice and mango purée or concentrated mango and stir carefully.

TIP:

Alternatively
use Fresubin
Energy DRINK
Strawberry.