

# Mixed berries and banana shake

Drink

level 

 1

 3 min



## Ingredients

- 100 ml Fresubin 2 kcal DRINK Fruits of the forest (chilled)
- 100 ml banana juice fruits / berries

## Nutritional information per serving:

Energy .....260 kcal  
Protein .....10.0 g  
Fat .....8.0 g  
Carbohydrate ....38.0 g  
Fibre.....0.0 g



## Alternative products:

Fresubin® Energy/Fibre DRINK  
Fresubin® Protein Energy DRINK  
Fresubin® Energy DRINK

## Preparation

Shake the cold Fresubin 2 kcal DRINK Fruits of the forest and half fill a glass with it. Pour the banana juice slowly over the back of a tablespoon to fill in the glass.

### TIP:

Decorate the glass with fruits / berries.