

Fresubin®

2 KCAL / 2 KCAL FIBRE Drink

Available in eleven delicious flavours
in 200 ml EasyBottle



Nutritional Information

Nutrition values Drink	Fresubin 2 KCAL / 2 KCAL FIBRE		
	Vanilla	Apricot-Peach	Tomato-Carrot
Flavour	Vanilla	Apricot-Peach	Tomato-Carrot
	per 100 ml bottle = 200 ml		
Energy	kJ 840 1680 (kcal) (200 400)	840 1680 (200 400)	840 1680 (200 400)
Fat	g 7,8 15,6	7,8 15,6	7,8 15,6
of which saturates	g 0,6 1,2	0,6 1,2	0,6 1,2
of which mono-unsaturates	g 5,8 11,6	5,8 11,6	5,8 11,6
of which polyunsaturates	g 1,4 2,8	1,4 2,8	1,4 2,8
Carbohydrate	g 22,5 45	21,8 43,6	22,5 45
of which sugars	g 5,8 11,6	5,3 10,6	1,2 2,4
of which lactose	g ≤0,3 ≤0,6	≤0,3 ≤0,6	≤0,3 ≤0,6
Fibre	g 0 0	1,5 3	0 0
Protein	g 10 20	10 20	10 20
Salt	g 0,15 0,3	0,15 0,3	0,19 0,38
Vitamins			
Vitamin A	µg RE ^o 212,5 425	212,5 425	212,5 425
of which β-Carotene	µg RE ^o 62,5 125	62,5 125	62,5 125
Vitamin D	µg 5 10	5 10	5 10
Vitamin E	mg α-TE ^{oo} 3,75 7,5	3,75 7,5	3,75 7,5
Vitamin K	µg 21 42	21 42	21 42
Vitamin C	mg 18,8 37,6	18,8 37,6	18,8 37,6
Thiamin	mg 0,3 0,6	0,3 0,6	0,3 0,6
Riboflavin	mg 0,4 0,8	0,4 0,8	0,4 0,8
Niacin	mg NE ^{ooo} 5,58 11,2	5,58 11,2	5,58 11,2
Vitamin B ₆	mg 0,43 0,86	0,43 0,86	0,43 0,86
Folic acid	µg 62,5 125	62,5 125	62,5 125
Vitamin B ₁₂	µg 0,75 1,5	0,75 1,5	0,75 1,5
Biotin	µg 9,4 18,8	9,4 18,8	9,4 18,8
Pantothenic acid	mg 1,5 3	1,5 3	1,5 3
Minerals and trace elements			
Sodium	mg 60 120	60 120	75 150
Potassium	mg 160 320	160 320	160 320
Chloride	mg 80 160	80 160	80 160
Calcium	mg 205 410	205 410	205 410
Phosphorus	mg 120 240	120 240	120 240
Magnesium	mg 16 32	16 32	16 32
Iron	mg 2,5 5	2,5 5	2,5 5
Zinc	mg 1,6 3,2	1,6 3,2	1,6 3,2
Copper	mg 0,38 0,75	0,38 0,75	0,38 0,75
Manganese	mg 0,5 1	0,5 1	0,5 1
Fluoride	mg 0,25 0,5	0,25 0,5	0,25 0,5
Selenium	µg 13,5 27	13,5 27	13,5 27
Chromium	µg 12,5 25	12,5 25	12,5 25
Molybdenum	µg 18,8 37,6	18,8 37,6	18,8 37,6
Iodine	µg 37,5 75	37,5 75	37,5 75
Osmolarity	mosmol/l 590	600	356
Water	ml 70 140	68 136	68,5 137
Caloric distribution (kJ%)			
Fresubin 2 KCAL Drink:	Fat 35, carbohydrate 45, fibre 0, protein 20		
Fresubin 2 KCAL FIBRE Drink:	Fat 35, carbohydrate 43,5, fibre 1,5, protein 20		
*retinol equivalents (RE), **alpha-tocopherol equivalents (α-TE), ***niacin equivalents (NE)			

General Information

Food for special medical purposes.

For the dietary management in case or at risk of malnutrition, esp. with increased energy and protein needs or fluid restriction. Nutritionally complete, high energy (2.0 kcal/ml), high protein oral nutritional supplement. Fibre-free (Fresubin 2 KCAL Drink)/with fibre (Fresubin 2 KCAL FIBRE Drink), high in vitamin D, clinically free from lactose, gluten free.

Dosage:

1-2 bottles/day for supplementary nutrition or 4-5 bottles/day for complete nutrition, or as advised by a healthcare professional.

Important notice:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable in case of galactosaemia.

Storage:

At room temperature. Once opened refrigerate and use within 24 hours.

Instructions for use:

Shake well before use.

Sweet varieties: Best served chilled.

Savoury varieties: Warm up in pan at low heat or fill in bowl and microwave at 600 W for 90 sec - do not boil. Do not microwave the bottle. After heating stir well and use immediately.

Packaged in a protective atmosphere.

Additional Considerations:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malassimilation. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin 2 KCAL Drink / Fresubin 2 KCAL FIBRE Drink.

Ingredients

Ingredients Fresubin 2 KCAL Drink: (Flavour Vanilla): Water, glucose syrup, milk protein, vegetable oils (sunflower oil, rapeseed oil), sucrose, maltodextrin, potassium citrate, flavouring, emulsifiers (E 471, soya lecithins), potassium carbonate, acidity regulator (E 507), sodium chloride, sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, niacin, zinc sulphate, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Ingredients Fresubin 2 KCAL FIBRE Drink: (Flavour Apricot-Peach): Water, glucose syrup, milk protein, vegetable oils (sunflower oil, rapeseed oil), sucrose, inulin (from chicory), maltodextrin, flavourings, wheat dextrin, potassium citrate, emulsifiers (E 471, soya lecithins), potassium carbonate, sodium chloride, acidity regulator (E 507), sodium carbonate, vit. C, magnesium oxide, iron pyrophosphate, niacin, zinc sulphate, manganese chloride, pantothenic acid, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Ingredients Fresubin 2 KCAL Drink: (Flavour Tomato-Carrot): Water, maltodextrin, milk protein, vegetable oils (sunflower oil, rapeseed oil), flavourings, potassium citrate, emulsifiers (E 471, soya lecithins), colours (E 150c, E 160c, E 160d), flavour enhancers (E 627, E 631), potassium carbonate, acidity regulator (E 507), sodium chloride, vit. C, sodium carbonate, magnesium oxide, iron pyrophosphate, niacin, zinc sulphate, pantothenic acid, manganese chloride, vit. E, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, vit. A, folic acid, β-carotene, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂.

Nutrition information for the flavours Vanilla, Apricot-Peach, Tomato-Carrot. Detailed nutrition information of the other flavours can be found at www.fresubin.com

Flavours

Fresubin 2 KCAL Drink

Apricot-Peach, Asparagus, Cappuccino, Fruits of the Forest, Mushroom, Neutral, Toffee, Tomato-Carrot, Vanilla

Fresubin 2 KCAL FIBRE Drink

Apricot-Peach, Cappuccino, Chocolate, Lemon, Neutral, Vanilla

1) SAM Sensory Test Results for Fresubin 2kcal DRINK Vanilla/Sensory panel consisting of 11 trained panelists according to QDA methodology (country scope: DE, FR, CH, GB, ES, N=140) 2) Raynaud-Simon A, Revel-Delboux C, Hebuterne X. Clinical practice guidelines from the French Health High Authority: nutritional support strategy in protein-energy malnutrition in the elderly. Clin Nutr. 2011;30(3):312-319. 3) Milne AC, Potter J, Vivanti A, et al. Protein and energy supplementation in elderly people at risk from malnutrition. Cochrane Database Syst Rev. 2009;(2):CD003288. 4) De Rui M et al. Dietary strategies for mitigating osteosarcopenia in older adults: a narrative review. Aging Clinical and Experimental Research 2019; 31: 897-903. 5) Lochs H, Allison SP, Meier R, et al. Introductory to the ESPEN Guidelines on Enteral Nutrition: terminology, definitions and general topics. Clin Nutr. 2006;25(2):180-186.