

Fresubin® 3.2 KCAL Drink

Available in four delicious flavours
in 125 ml EasyBottle



Nutritional Information

Nutrition values

Flavour Vanilla-Caramel **per 100 ml** **bottle = 125 ml**

Energy	kJ	1344	1680
	(= kcal)	(320)	(400)
Fat	g	16	20
of which saturates	g	1,1	1,4
of which mono-unsaturates	g	9,9	12,4
of which polyunsaturates	g	5,0	6,3
Carbohydrate	g	28	35
of which sugars	g	11	13,75
of which lactose	g	≤ 0,24	≤ 0,30
Fibre	g	0,4	0,5
Protein	g	16	20
Salt	g	0,28	0,35

Vitamins

Vitamin A	µg RE°	322	402,5
of which β-Carotene	µg RE°	92	115
Vitamin D	µg	8	10,0
Vitamin E	mg α-TE°°	6,9	8,63
Vitamin K	µg	22	27,5
Vitamin C	mg	42	52,5
Thiamin	mg	0,47	0,59
Riboflavin	mg	0,70	0,88
Niacin	mg/mg NE°°°	5,5/6,3	6,88/7,88
Vitamin B ₆	mg	0,60	0,75
Folic acid	µg	95,0	118,75
Vitamin B ₁₂	µg	1,1	1,4
Biotin	µg	15	18,75
Pantothenic acid	mg	2,2	2,75

Minerals and trace elements

Sodium	mg	112	140
Potassium	mg	312	390
Chloride	mg	150	187,5
Calcium	mg	165	206,25
Phosphorus	mg	112	140
Magnesium	mg	40,0	50
Iron	mg	5,2	6,5
Zinc	mg	3,7	4,63
Copper	mg	0,55	0,69
Manganese	mg	1,4	1,75
Fluoride	mg	0,36	0,45
Selenium	µg	23	28,8
Chromium	µg	23	28,8
Molybdenum	µg	34	42,5
Iodine	µg	42,0	52,5

Osmolarity

Water	ml	56	70
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Caloric distribution (kJ%):

Fat 45, carbohydrate 34,7, fibre 0,3, protein 20

° retinol equivalents (RE), °° alpha-tocopherol equivalents (α-TE), °°° niacin equivalents (NE)

General Information

Food for special medical purposes.

For the dietary management in case/risk of malnutrition, esp. with increased energy and protein needs or fluid restriction. Nutritionally complete, high energy (3,2 kcal/ml), high protein oral nutritional supplement. High in vitamin D, clinically free from lactose, gluten free.

Dosage:

1-2 bottles/day for supplementary nutrition or 4-5 bottles/day for complete nutrition, or as advised by a healthcare professional.

Important notice:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable in case of galactosaemia.

Storage:

At room temperature. Once opened refrigerate and use within 24 hours.

Instructions for use:

Best served chilled. Shake well before use.

Packaged in a protective atmosphere.

Additional Considerations:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malabsorption. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin 3.2 KCAL Drink.

Ingredients

Ingredients (Flavour Vanilla-Caramel): Water, glucose syrup, rapeseed oil, collagen hydrolysate, sucrose, milk protein, maltodextrin, stabilisers (E 460, E 466), flavourings, emulsifiers (E 471, soya lecithins, E 472e), calcium phosphate, potassium chloride, acidity regulators (E 524, E 525), potassium phosphate, vitamin C, potassium citrate, calcium citrate, magnesium chloride, magnesium oxide, ferric diphosphate, sodium chloride, zinc sulphate, niacin, manganese chloride, vitamin E, pantothenic acid, cupric sulphate, sodium fluoride, riboflavin, thiamin, vitamin B₆, β-carotene, vitamin A, chromium chloride, folic acid, sodium molybdate, potassium iodide, sodium selenite, biotin, vitamin D, vitamin K, vitamin B₁₂

Nutrition information for flavour Vanilla-Caramel. Detailed nutrition information of the other flavours can be found at www.fresubin.com

Flavours

Cappuccino, Hazelnut, Mango, Vanilla-Caramel

1) Koch C, Dax A, Warnke A, Pauly L, Reichart S, Kuhn KS, et al. Compliance and Tolerance of a New High Protein and High Energy Oral Nutritional Supplement in Older Adults. *Journal of Nutritional Oncology*. 2018;Volume 3(3):120-9. 2) Clinical study report. Data on file: F3kc-002-CNI, Fresubin® 3.2 kcal Drink. 3) Data on file. 4) Raynaud-Simon A, Revel-Delbom C, Hebuterne X. Clinical practice guidelines from the French Health High Authority: nutritional support strategy in protein-energy malnutrition in the elderly. *Clin Nutr*. 2011;30(3):312-319. 5) Milne AC, Potter J, Vivanti A, et al. Protein and energy supplementation in elderly people at risk from malnutrition. *Cochrane Database Syst Rev*. 2009;(2):CD003288. 6) M.S. Brook, P. Scaife, J.J. Bass et al. A collagen hydrolysate/milk protein-blend stimulates muscle anabolism equivalently to an isoenergetic milk protein-blend containing a greater quantity of essential amino acids in older men. *Clinical Nutrition*, <https://doi.org/10.1016/j.clnu.2021.01.002>. 7) Dent E, Morley JE, Cruz-Jentoft AJ, Woodhouse L, Rodriguez-Manas L, Fried LP, et al. Physical Frailty: ICFR International Clinical Practice Guidelines for Identification and Management. *J Nutr Health Aging*. 2019;23(9):771-87. 8) Dent E, Lien C, Lim WS, Wong WC, Wong CH, Ng TP, et al. The Asia-Pacific Clinical Practice Guidelines for the Management of Frailty. *J Am Med Dir Assoc*. 2017;18(7):564-75. 9) Morley JE, Vellas B, van Kan GA, Anker SD, Bauer JM, Bernabei R, et al. *Frailty consensus: a call to action*. *J Am Med Dir Assoc*. 2013;14(6):392-7.



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caring for life

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