

Fresubin® 5 KCAL Shot

Available in two flavours
in 120 ml EasyBottle



Nutritional Information

Nutrition values		bottle =	
Flavour Lemon		per 100 ml	120 ml
Energy		2100	2520
	(kJ)	(500)	(600)
	(kcal)		
Fat	g	53,8	64,6
of which saturates	g	16,7	20,04
of which MCT*	g	13,9	16,7
of which mono-unsaturates	g	24,6	29,5
of which polyunsaturates	g	12,5	15
Carbohydrate	g	4,0	4,8
of which sugars	g	4,0	4,8
of which lactose	g	0	0
Fibre	g	0,4	0,48
Protein	g	0	0
Salt	g	0	0
Vitamins			
Vitamin E	mg α-TE°	14,0	16,8
Vitamin K	µg	38,0	45,6
Water	ml	40	48
Average values		per 30 ml	
Energy		630	
	(kJ)	(150)	
	(kcal)		
Fat	g	16,1	
of which saturates	g	5	
of which MCT*		4,2	
of which mono-unsaturates	g	7,4	
of which polyunsaturates	g	3,8	
Carbohydrate	g	1,2	
of which sugars	g	1,2	
of which lactose	g	0	
Fibre	g	0,1	
Protein	g	0	
Salt	g	0	
Vitamins			
Vitamin E	mg α-TE°	4,2	
Vitamin K ₁	µg	11,4	
Water	ml	12	
Caloric distribution (kJ%)			
Fat 96,8, carbohydrate 3,2, fibre 0, protein 0			
*medium chain triglycerides (MCT), ° alpha-tocopherol equivalents (α-TE)			

General Information

Food for special medical purposes.

For the dietary management in case/risk of malnutrition, esp. with increased energy needs or low volume tolerance. High energy (5,0 kcal/ml) oral nutritional supplement. Fat emulsion with LCT and MCT (long and medium chain triglycerides). Lactose and gluten free.

Dosage:

3-4 x 30 ml/day or max. 50% of total energy need, or as advised by a healthcare professional.

Important notice:

To be used under medical supervision. Not suitable as sole source of nutrition. Not suitable for children < 3 years.

Storage:

At room temperature. Once opened refrigerate and use under hygienic conditions within 14 days.

Instructions for use:

1 bottle contains 4 portions à 30 ml.
Packaged in a protective atmosphere.

Additional considerations:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malassimilation. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin 5 KCAL Shot.

Ingredients

Ingredients (Flavour Lemon): Water, rapeseed oil, medium chain triglycerides (MCT), sucrose, emulsifier (E 472c), flavourings, stabiliser (E 460, E 466), thickener (E 415)

Nutrition information for flavour Lemon.. Detailed nutrition information of the other flavours can be found at www.fresubin.com

Flavours

Lemon, Neutral

1) Babayan VK. Medium chain triglycerides and structured lipids. *Lipids*. 1987;22(6):417-420.



**FRESENIUS
KABI**

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