

Fresubin® DESSERT FRUIT Purée



Available in four delicious flavours
in 125 g Cup

Nutritional Information

Nutrition values			
Flavour Apple			
		per 100 g	cup = 125 g
Energy	kJ (kcal)	664 (158)	830 (198)
Fat	g	6,2	7,8
of which saturates	g	0,5	0,6
of which mono-unsaturates	g	3,9	4,9
of which polyunsaturates	g	1,8	2,3
Carbohydrate	g	18,4	23,0
of which sugars	g	15,7	19,7
of which lactose	g	< 0,5	< 0,6
Fibre	g	0,4	0,5
Protein	g	7,0	8,8
Salt	g	0,15	0,19
Vitamins			
Vitamin A	µg RE°	213	266
of which β-Carotene	µg RE°	62,5	78,1
Vitamin D	µg	2,6	3,3
Vitamin E	mg α-TE ^{oo}	3,8	4,8
Vitamin K	µg	21	26
Vitamin C	mg	19	24
Thiamin	mg	0,3	0,4
Riboflavin	mg	0,4	0,5
Niacin	mg/mg NE ^{ooo}	1,6/3,0	2,0/3,8
Vitamin B ₆	µg	0,43	0,54
Folic acid	µg	59	74
Vitamin B ₁₂	µg	0,75	0,94
Biotin	µg	9,4	11,8
Pantothenic acid	mg	1,3	1,6
Minerals, trace elements and other# nutrients			
Sodium	mg	61	76
Potassium	mg	148	185
Chloride	mg	139	174
Calcium	mg	90	113
Phosphorus	mg	90	113
Magnesium	mg	32	40
Iron	mg	2,2	2,8
Zinc	mg	1,7	2,1
Copper	mg	0,38	0,48
Manganese	mg	0,5	0,6
Fluoride	mg	0,24	0,30
Selenium	µg	11	14
Chromium	µg	13	16
Molybdenum	µg	19	24
Iodine	µg	37,6	47,0
Choline#	mg	32	40
Water	ml	64	80
Caloric distribution (kJ%)			
Fat 35, carbohydrates 46,5, fibre 0,5, protein 18			
°retinol equivalents (RE), °°alpha-tocopherol equivalents (α-TE), °°°niacin equivalents (NE)			

General Information

Food for special medical purposes.

For the dietary management in case/risk of malnutrition, esp. with increased energy needs including dysphagia. Nutritionally complete, high energy (1,6 kcal/g), spoonable oral nutritional supplement. Meets IDDSI* level 4 (extremely thick). Clinically free from lactose, gluten free.

*IDDSI - International Dysphagia Diet Standardisation Initiative, www.iddsi.org

Dosage:

3-4 cups/day for supplementary nutrition or 8 cups/day for complete nutrition, or as advised by a healthcare professional.

Important notice:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable in case of galactosaemia.

Storage:

At room temperature. Once opened refrigerate and use within 24 hours.

Instructions for use:

Best served chilled. Stir gently.
Packaged in a protective atmosphere.

Additional Considerations:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malassimilation. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin DESSERT FRUIT Purée.

Ingredients

Ingredients (Flavour Apple): Water, apple juice concentrate (21%), apple purée (18%), whey protein (from milk), rapeseed oil, sugar, maize starch, calcium lactate, thickener (E 1442), glucose syrup, maltodextrin, magnesium citrate, flavouring, emulsifiers (E 471, soya lecithins), sodium dihydrogen phosphate, choline bitartrate, sodium citrate, vitamin C, sodium chloride, potassium citrate, ferric diphosphate, zinc sulphate, vitamin E, pantothenic acid, niacin, manganese chloride, cupric sulphate, riboflavin, vitamin B₆, sodium fluoride, thiamin, beta-carotene, vitamin A, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, vitamin K, biotin, vitamin D, vitamin B₁₂

Nutrition information for flavour Apple. Detailed nutrition information of the other flavours can be found at www.fresubin.com

Flavours

Apple, Apple-Peach, Apple-Prune, Apple-Strawberry

1) World Health Organization. Protein and amino acid requirements in human nutrition. WHO technical report series. 2007;935. 2) Hubbard GP, Elia M, Holdaway A, et al. A systematic review of compliance to oral nutritional supplements. Clin Nutr. 2012;31(3):293-312. 3) IDDSI - International Dysphagia Diet Standardisation Initiative, www.iddsi.org



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caring for life

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