

# Fresubin® ORIGINAL Drink

Available in five delicious flavours  
in 200 ml EasyBottle



## Nutritional Information

Nutrition values		per 100 ml	bottle = 200 ml
Flavour Vanilla			
<b>Energy</b>	kJ (kcal)	420 (100)	840 (200)
<b>Fat</b>	g	3,4	6,8
of which saturates	g	0,3	0,6
of which mono-unsaturates	g	2,2	4,4
of which polyunsaturates	g	0,9	1,8
<b>Carbohydrate</b>	g	13,8	27,6
of which sugars	g	3,5	7
of which lactose	g	≤ 0,03	≤ 0,06
<b>Fibre</b>	g	0	0
<b>Protein</b>	g	3,8	7,6
<b>Salt</b>	g	0,19	0,38
<b>Vitamins</b>			
Vitamin A	µg RE°	170	340
of which β-Carotene	µg RE°	50	100
Vitamin D	µg	2	4
Vitamin E	mg α-TE <sup>oo</sup>	3	6
Vitamin K	µg	16,7	33,4
Vitamin C	mg	15	30
Thiamin	mg	0,23	0,46
Riboflavin	mg	0,32	0,64
Niacin	mg/mg NE <sup>ooo</sup>	110/1,73	2,20/3,46
Vitamin B <sub>6</sub>	mg	0,33	0,66
Folic acid	µg	50	100
Vitamin B <sub>12</sub>	µg	0,6	1,2
Biotin	µg	7,5	15
Pantothenic acid	mg	1,2	2,4
<b>Minerals, trace elements and other<sup>a</sup> nutrients</b>			
Sodium	mg	75	150
Potassium	mg	125	250
Chloride	mg	85	170
Calcium	mg	60	120
Phosphorus	mg	47	94
Magnesium	mg	20	40
Iron	mg	2	4
Zinc	mg	1,5	3
Copper	mg	0,30	0,60
Manganese	mg	0,4	0,8
Fluoride	mg	0,2	0,4
Selenium	µg	10	20
Chromium	µg	10	20
Molybdenum	µg	15	30
Iodine	µg	30	60
Choline <sup>a</sup>	mg	20	40
<b>Osmolarity</b>	mosmol/l	330	
<b>Water</b>	ml	84	168
<b>Caloric distribution (kJ%)</b>			
Fat 30, carbohydrate 55, fibre 0, protein 15			
°retinol equivalents (RE), °°alpha-tocopherol equivalents (α-TE), °°°niacin equivalents (NE)			

## General Information

### Food for special medical purposes.

For the dietary management in case/risk of malnutrition. Nutritionally complete 1 kcal/ml oral nutritional supplement. Clinically free from lactose, gluten free.

### Dosage:

2-3 bottles/day for supplementary nutrition or 7-8 bottles/day for complete nutrition, or as advised by a healthcare professional.

### Important notice:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable in case of galactosaemia.

### Storage:

At room temperature. Once opened refrigerate and use within 24 hours.

### Instructions for use:

Best served chilled. Shake well before use. Packaged in a protective atmosphere.

### Additional Considerations:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malabsorption. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin ORIGINAL Drink.

## Ingredients

**Ingredients (Flavour Vanilla):** Water, maltodextrin, [milk protein](#), vegetable oils (rapeseed oil, sunflower oil), sucrose, [soya protein](#), sodium citrate, flavouring, potassium chloride, emulsifiers (E 471, [soya lecithins](#)), potassium hydrogen phosphate, magnesium citrate, choline hydrogen tartrate, vit. C, acidity regulator (E 330), thickener (E 415), magnesium oxide, iron sulphate, potassium citrate, zinc sulphate, calcium phosphate, vit. E, pantothenic acid, manganese chloride, niacin, copper sulphate, vit. B<sub>2</sub>, vit. B<sub>6</sub>, sodium fluoride, vit. B<sub>1</sub>, β-carotene, vit. A, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, vit. K<sub>1</sub>, biotin, vit. D<sub>3</sub>, vit. B<sub>12</sub>

Nutrition information for flavour Vanilla. Detailed nutrition information of the other flavours can be found at [www.fresubin.com](http://www.fresubin.com)

## Flavours

Blackcurrant, Chocolate, Nut, Peach, Vanilla

1) World Health Organization. Protein and amino acid requirements in human nutrition. WHO technical report series. 2007;935. 2) Hubbard GP, Elia M, Holdaway A, et al. A systematic review of compliance to oral nutritional supplements. Clin Nutr. 2012;31(3):293-312.