

Fresubin® PRO Drink

Available in six flavours in 200 ml EasyBottle



Nutritional Information

Nutrition values		per	bottle =
Flavour Vanilla		100 ml	200 ml
Energy		1008	2016
		(240)	(480)
Fat	g	9,4	18,8
of which saturates	g	0,7	1,4
of which mono-unsaturates	g	6,3	12,6
of which polyunsaturates	g	2,4	4,8
Carbohydrate	g	24	48
of which sugars	g	4,5	9,0
of which lactose	g	≤ 0,8	≤ 1,6
Fibre	g	0	0
Protein	g	14,4	28,8
Salt	g	0,08	0,15
Vitamins			
Vitamin A	µg RE ^{oo}	260	520
Vitamin D	µg	5,0	10,0
Vitamin E	mg α-TE ^{oo}	4,0	8,0
Vitamin K	µg	16	32
Vitamin C	mg	30	60
Thiamin	mg	0,4	0,8
Riboflavin	mg	0,5	1
Niacin	mg/mg NE ^{ooo}	0,75/3,92	1,50/7,84
Vitamin B ₆	mg	0,47	0,94
Folic acid	µg	80	160
Vitamin B ₁₂	µg	1,1	2,2
Biotin	µg	12	24
Pantothenic acid	mg	1,9	3,8
Minerals and trace elements			
Sodium	mg	30	60
Potassium	mg	87	174
Chloride	mg	11	22
Calcium	mg	350	700
Phosphorus	mg	220	440
Magnesium	mg	16	32
Iron	mg	2,0	4,0
Zinc	mg	2,4	4,8
Copper	mg	0,32	0,64
Manganese	mg	0,65	1,3
Fluoride	mg	0,18	0,36
Selenium	µg	14	28
Chromium	µg	12,5	25
Molybdenum	µg	20	40
Iodine	µg	50	100
Osmolarity	mosmol/l	680	
Water	ml	63	126
Caloric distribution (energy%)			
Fresubin PRO Drink: Fat 35, carbohydrates 41, fibre 0, protein 24			
° retinol equivalents (RE), °° alpha-tocopherol equivalents (α-TE), °°° niacin equivalents (NE)			

General Information

Food for special medical purposes,

High energy (2,4 kcal/ml), high protein oral nutritional supplement. High in calcium and vitamin D. Clinically free from lactose (< 0,8 g/100 ml), gluten free. For the dietary management in case/risk of malnutrition with increased energy, protein, calcium and vitamin D needs e.g. sarcopenia, frailty or age-related musculoskeletal deficits.

Dosage:

1-2 bottles/day for supplementary nutrition, or as advised by a healthcare professional.

Important notice:

To be used under medical supervision. Not suitable as sole source of nutrition. Not suitable for children < 7 years. Use with caution in children < 10 years. Not suitable in case of galactosaemia.

Storage:

At room temperature, Once opened refrigerate and use within 24 hours,

Instructions for use:

Best served chilled. Shake well before use.

Packaged in a protective atmosphere.

Contains milk and soya.

Additional considerations:

Oral nutritional supplementation is not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Fresubin PRO Drink should be used with caution in severe organ failure with impaired metabolism and severe forms of malassimilation. Fresubin PRO Drink is not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin PRO Drink.

Ingredients

Ingredients (Flavour Vanilla): Water, glucose syrup, milk protein, vegetable oils (rapeseed oil, sunflower oil), sucrose, flavouring, emulsifiers (E 471, soya lecithins), acidity regulators (E 501, E 500), vitamin C, stabilisers (E 460, E 466), antifoaming agent (E 471), ferric diphosphate, zinc sulphate, pantothenic acid, manganese chloride, vitamin E, niacin, cupric sulphate, thiamin, riboflavin, vitamin B₆, vitamin A, sodium fluoride, folic acid, potassium iodide, chromium chloride, sodium molybdate, sodium selenite, biotin, vitamin K, vitamin D, vitamin B₁₂.

Nutrition information for flavour Vanilla. Detailed nutrition information of the other flavours can be found at www.fresubin.com

Flavours

Apricot-Peach, Cappuccino, Hazelnut, Neutral, Tropical Fruits, Vanilla

1) Volkert D, et al. Clin Nutr. 2018;doi.org/10.1016/j.clnu.2018.05.024. 2) Hubbard G et al. Clin Nutr 2012; 31(3): 293-312. 3) Paddon-Jones D, Rasmussen BB. Dietary protein recommendations and the prevention of sarcopenia. Curr Opin Clin Nutr Metab Care. 2009;12(1):86-90. 4) EFSA NDA Panel. Scientific Opinion on Dietary Reference Values for vitamin D. EFSA Journal 2016;14(10): 4547, doi: 10.2903/j.efsa.2016.4547. 5) D-A-CH: Referenzwerte für die Nährstoffzufuhr; 2018. 6) EFSA NDA Panel. Scientific Opinion on Dietary Reference Values for calcium. EFSA Journal 2015;13(5):4101, 82 pp. doi:10.2903/j.efsa.2015.4101.