

Fresubin® THICKENED LEVEL 2/3 Drink

Both available in two delicious flavours
in 200 ml EasyBottle



Nutritional Information

Nutrition values

Flavour Vanilla (LEVEL 2) and Wild Strawberry (LEVEL 3)

	per 100 ml	bottle = 200 ml
Energy	kJ (kcal)	630 (150)
Fat	g	6,7
of which saturates	g	0,5
of which mono-unsaturates	g	5,0
of which polyunsaturates	g	1,2
Carbohydrate	g	12,0
of which sugars	g	7,3
of which lactose	g	≤ 0,7
Fibre	g	0,83
Protein	g	10
Salt	g	0,13
Vitamins		
Vitamin A	µg RE°	213
of which β-Carotene	µg RE°	63
Vitamin D	µg	2,5
Vitamin E	mg α-TE°°	3,75
Vitamin K	µg	21
Vitamin C	mg	18,8
Thiamin	mg	0,3
Riboflavin	mg	0,4
Niacin	mg/mg NE°°°	1,5/3,2
Vitamin B ₆	mg	0,43
Folic acid	µg	62,5
Vitamin B ₁₂	µg	0,75
Biotin	µg	9,4
Pantothenic acid	mg	1,5
Minerals and trace elements		
Sodium	mg	52
Potassium	mg	140
Chloride	mg	80
Calcium	mg	200
Phosphorus	mg	120
Magnesium	mg	27
Iron	mg	2,5
Zinc	mg	2,0
Copper	mg	0,38
Manganese	mg	0,5
Fluoride	mg	0,25
Selenium	µg	13,5
Chromium	µg	12,5
Molybdenum	µg	18,8
Iodine	µg	37,5
Osmolarity	mosmol/l	430
Water	ml	79

Caloric distribution (kJ%)

Fat 40, carbohydrate 32, fibre 1, protein 27

° retinol equivalents (RE), °° alpha-tocopherol equivalents (α-TE), °°° niacin equivalents (NE)

General Information

Food for special medical purposes.

For the dietary management in case/risk of malnutrition, esp. with dysphagia and/or increased protein and energy needs. High energy (1,5 kcal/ml), high protein thickened oral nutritional supplement with fibre. Meets IDDSI* LEVEL 2 (mildly thick)/LEVEL 3 (moderately thick). Clinically free from lactose and gluten free.

*IDDSI - International Dysphagia Diet Standardisation Initiative, www.iddsi.org

Dosage:

2-3 bottles/day for supplementary nutrition, amount and level to be advised by a healthcare professional.

Important notice:

To be used under medical supervision. Not suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable in case of galactosaemia.

Storage:

At room temperature. Once opened refrigerate and use within 24 hours.

Instructions for use:

Serve at room temperature. Shake gently. Packaged in a protective atmosphere.

Additional Considerations:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malassimilation. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin THICKENED LEVEL 2/3 Drink.

Ingredients

Ingredients Fresubin THICKENED LEVEL 2 Drink (Flavour Vanilla): Water, milk protein, sucrose, vegetable oils (sunflower oil, rapeseed oil), maltodextrin, inulin (from chicory), thickeners (E 1442, E 407), potassium citrate, flavouring, emulsifiers (E 471, soya lecithins), sodium chloride, vit. C, magnesium oxide, magnesium citrate, iron pyrophosphate, zinc sulphate, manganese chloride, pantothenic acid, vit. E, niacin, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂

Ingredients Fresubin THICKENED LEVEL 3 Drink (Flavour Wild Strawberry): Water, milk protein, sucrose, vegetable oils (sunflower oil, rapeseed oil), maltodextrin, inulin (from chicory), thickeners (E 1442, E 407), flavourings, potassium citrate, emulsifiers (E 471, soya lecithins), beetroot powder, sodium chloride, vit. C, magnesium oxide, magnesium citrate, iron pyrophosphate, zinc sulphate, manganese chloride, pantothenic acid, vit. E, niacin, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, chromium chloride, sodium molybdate, potassium iodide, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂

Nutrition information for flavour Vanilla (LEVEL 2) and flavour Wild Strawberry (LEVEL 3). Detailed nutrition information of the other flavours can be found at www.fresubin.com

Flavours

Fresubin THICKENED LEVEL 2 Drink: Vanilla, Wild Strawberry

Fresubin THICKENED LEVEL 3 Drink: Vanilla, Wild Strawberry

1) IDDSI - International Dysphagia Diet Standardisation Initiative, www.iddsi.org. 2) Cawood AL, Elia M, Stratton RJ. Systematic review and meta-analysis of the effects of high protein oral nutritional supplements. *Ageing Res Rev.* 2012;11(2):278-296. 3) Kaegi-Braun N, Faelli M, Kilchoer F, Dragusha S, Tribolet P, Gomes F et al. Nutritional trials using high protein strategies and long duration of support show strongest clinical effects on mortality. *Clinical Nutrition ESPEN.* 2021;45:45-54. 4) Lochs H, Allison SP, Meier R, et al. *Introductory to the ESPEN Guidelines on Enteral Nutrition: terminology, definitions and general topics. Clin Nutr.* 2006;25(2):180-186.



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