

# ProvideXtra® Drink

Available in five delicious flavours  
in 200 ml EasyBottle



## Nutritional Information

Nutrition values		per 100 ml	bottle = 200 ml
Flavour Orange-Pineapple			
<b>Energy</b>		630	1260
	(kJ)	(150)	(300)
<b>Fat</b>		0	0
of which saturates	g	0	0
<b>Carbohydrate</b>		33,5	67,0
of which sugars	g	8,8	17,6
of which lactose	g	0	0
<b>Fibre</b>		0	0
<b>Protein</b>		4	8
<b>Salt</b>		0,24	0,48
<b>Vitamins</b>			
Vitamin A	µg RE <sup>o</sup>	150	300
Vitamin D	µg	2,5	5,0
Vitamin E	mg α-TE <sup>oo</sup>	3,75	7,5
Vitamin K	µg	25	50
Vitamin C	mg	18,8	37,6
Thiamin	mg	0,3	0,6
Riboflavin	mg	0,4	0,8
Niacin	mg/mg NE <sup>ooo</sup>	3,75/4,08	7,5/8,2
Vitamin B <sub>6</sub>	µg	0,43	0,86
Folic acid	µg	62,5	125
Vitamin B <sub>12</sub>	µg	0,75	1,5
Biotin	µg	9,4	18,8
Pantothenic acid	mg	1,5	3,0
<b>Minerals and trace elements</b>			
Sodium	mg	97	194
Potassium	mg	55	110
Chloride	mg	50	100
Calcium	mg	40	80
Phosphorus	mg	43	86
Magnesium	mg	30	60
Iron	mg	2,5	5,0
Zinc	mg	1,88	3,76
Copper	mg	0,38	0,75
Manganese	mg	0,5	1,0
Fluoride	mg	0,25	0,5
Selenium	µg	12,5	25,0
Chromium	µg	12,5	25,0
Molybdenum	µg	18,8	37,6
Iodine	µg	37,5	75,0
<b>Osmolarity</b>	mosmol/l	680	
<b>Water</b>	ml	75	150
<b>Caloric distribution (kJ%)</b>			
Fat 0, carbohydrate 89, fibre 0, protein 11			
<sup>o</sup> retinol equivalents (RE), <sup>oo</sup> alpha-tocopherol equivalents (α-TE), <sup>ooo</sup> niacin equivalents (NE)			

## General Information

### Food for special medical purposes.

For the dietary management in case/risk of malnutrition, esp. with increased energy needs and/or malabsorption. Suitable for the pre-operative dietary management of surgical patients. Juice-style, high energy (1,5 kcal/ml) oral nutritional supplement with hydrolysed vegetable protein. Milk and soy protein free. Fat- and fibre-free. Lactose and gluten free.

### Dosage:

2 bottles/day for supplementary nutrition, or as advised by a healthcare professional.

### Important notice:

To be used under medical supervision. Not suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years.

### Storage:

At room temperature. Once opened refrigerate and use within 24 hours.

### Instructions for use:

Best served chilled. Shake well before use.

Packaged in a protective atmosphere.

### Additional considerations:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Not suitable for patients with congenital inability to metabolise nutrients contained in ProvideXtra Drink. In patients with severe forms of organ failure such as liver or kidney insufficiency ProvideXtra Drink should be used with caution, depending on the patients tolerance of nitrogen. Not suitable for patients with emergency operations or delayed gastric emptying.

## Ingredients

**Ingredients (Flavour Orange-Pineapple):** Water, maltodextrin, sucrose, pea protein hydrolysate, orange juice concentrate, acidity regulator (E 330), calcium citrate, magnesium citrate, flavourings, vit. C, potassium chloride, magnesium chloride, stabiliser (E 440), iron citrate, vit. E, zinc sulphate, niacin, pantothenic acid, antifoaming agent (E 471), manganese chloride, copper sulphate, vit. B<sub>6</sub>, vit. B<sub>2</sub>, sodium fluoride, vit. B<sub>1</sub>, vit. A, folic acid, potassium iodide, chromium chloride, sodium selenite, vit. K<sub>1</sub>, sodium molybdate, biotin, vit. D<sub>3</sub>, vit. B<sub>12</sub>

Nutrition information for flavour Orange-Pineapple. Detailed nutrition information of the other flavours can be found at [www.fresubin.com](http://www.fresubin.com)

## Flavours

Apple, Blackcurrant, Cherry, Lemon & Lime, Orange-Pineapple

1) Alexander DD, Bylsma LC, Elkayam L, et al. Nutritional and health benefits of semi-elemental diets: A comprehensive summary of the literature. *World J Gastrointest Pharmacol Ther.* 2016;7(2):306-319.  
2) Jolliffe DM. *Continuing Education in Anesthesia, Critical Care & Pain.* 2009;9(6):173-177



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