

# Supportan® Drink

Available in four delicious flavours  
in 200 ml EasyBottle



## Nutritional Information

Nutrition values		per 100 ml	bottle = 200 ml
Flavour Pineapple-Coconut			
<b>Energy</b>	kJ (kcal)	630 (150)	1260 (300)
<b>Fat</b>	g	6,7	13,4
of which saturates	g	2,8	5,6
of which MCT*	g	1,6	3,2
of which mono-unsaturates	g	1,6	3,2
of which polyunsaturates	g	2,3	4,6
of which EPA**	g	0,50	1,0
of which DHA***	g	0,21	0,42
<b>Carbohydrate</b>	g	11,6	23,2
of which sugars	g	6,5	13
of which lactose	g	≤ 0,5	≤ 1,0
<b>Fibre</b>	g	2	4
<b>Protein</b>	g	10	20
<b>Salt</b>	g	0,12	0,24
<b>Vitamins</b>			
Vitamin A	µg RE°	213	426
of which β-Carotene	µg RE°	63	126
Vitamin D	µg	2,5	5,0
Vitamin E	mg α-TE°°	3,75	7,5
Vitamin K	µg	21	42
Vitamin C	mg	18,8	37,6
Thiamin	mg	0,3	0,6
Riboflavin	mg	0,4	0,8
Niacin	mg/mg NE°°°	1,50/3,17	3,0/6,34
Vitamin B <sub>6</sub>	µg	0,43	0,86
Folic acid	µg	62,5	125,0
Vitamin B <sub>12</sub>	µg	0,75	1,5
Biotin	µg	9,4	18,8
Pantothenic acid	mg	1,5	3,0
<b>Minerals, trace elements and other<sup>a</sup> nutrients</b>			
Sodium	mg	47,5	95
Potassium	mg	128	256
Chloride	mg	50	100
Calcium	mg	203	406
Phosphorus	mg	120	240
Magnesium	mg	26	54
Iron	mg	2,5	5,0
Zinc	mg	2,0	4,0
Copper	mg	0,38	0,75
Manganese	mg	0,5	1,0
Fluoride	mg	0,25	0,50
Selenium	µg	13,5	27,0
Chromium	µg	12,5	25,0
Molybdenum	µg	18,8	37,6
Iodine	µg	37,5	75
Choline <sup>a</sup>	mg	2,5	5,0
<b>Osmolarity</b>	mosmol/l	380	
<b>Water</b>	ml	76	152
<b>Caloric distribution (kJ%)</b>			
Fat 40, carbohydrate 31, fibre 2, protein 27			

\*medium chain triglycerides (MCT), \*\*eicosapentaenoic acid (EPA), \*\*\*docosahexaenoic acid (DHA),  
° retinol equivalents (RE), °° alpha-tocopherol equivalents (α-TE), °°° niacin equivalents (NE)

## General Information

### Food for special medical purposes.

For the dietary management in case/risk of malnutrition, esp. with cancer, chronic catabolic diseases and/or cachexia. Nutritionally complete, high energy (1,5 kcal/ml), high protein oral nutritional supplement with fibre. High in EPA and DHA from fish oil, high in fat, with MCT. Clinically free from lactose, gluten free.

### Dosage:

2 bottles/day for supplementary nutrition or ≥ 5 bottles/day for complete nutrition, or as advised by a healthcare professional.

### Important notice:

To be used under medical supervision. Suitable as sole source of nutrition. If used for complete nutrition consider high fish oil levels. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable in case of galactosaemia.

### Storage:

At room temperature. Once opened refrigerate and use within 24 hours.

### Instructions for use:

Best served chilled. Shake well before use. Packaged in a protective atmosphere.

### Additional considerations:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malassimilation. Not suitable for patients with congenital inability to metabolise nutrients contained in Supportan Drink.

## Ingredients

**Ingredients (Flavour Pineapple-Coconut):** Water, milk protein, maltodextrin, sucrose, fish oil (with soya lecithins), vegetable oils (safflower oil, sunflower oil), medium chain triglycerides (MCT), inulin (from chicory), wheat dextrin, potassium citrate, flavouring, emulsifiers (E 471, soya lecithins), sodium citrate, sodium chloride, vit. C, magnesium oxide, iron pyrophosphate, magnesium citrate, zinc sulphate, vit. E, manganese chloride, pantothenic acid, niacin, copper sulphate, vit. B<sub>2</sub>, vit. B<sub>6</sub>, sodium fluoride, vit. B<sub>1</sub>, β-carotene, vit. A, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K<sub>1</sub>, biotin, vit. D<sub>3</sub>, vit. B<sub>12</sub>

Nutrition information for flavour Pineapple-Coconut. Detailed nutrition information of the other flavours can be found at [www.fresubin.com](http://www.fresubin.com)

## Flavours

Cappuccino, Chocolate, Pineapple-Coconut, Tropical Fruits

1) Arends J, Bachmann P, Baracos V, et al. ESPEN guidelines on nutrition in cancer patients. *Clin Nutr.* 2016;36(1):11-48. 2) Arends J, Strasser F, Gonella S, Solheim TS, Madeddu C, Ravasco P, Buonaccorso L, de van der Schueren MAE, Baldwin C, Chasen M, Ripamonti CI. Cancer cachexia in adult patients: ESMO Clinical Practice Guidelines. *ESMO Open.* 2021 Jun;6(3):100092. 3) Sánchez-Lara K, Turcott JG, Juárez-Hernández E, et al. Effects of an oral nutritional supplement containing eicosapentaenoic acid on nutritional and clinical outcomes in patients with advanced non-small cell lung cancer: randomised trial. *Clin Nutr.* 2014;33(6):1017-1023. 4) van der Meij BS, Langius JA, Smit EF, et al. Oral nutritional supplements containing (n-3) polyunsaturated fatty acids affect the nutritional status of patients with stage III non-small cell lung cancer during multimodality treatment. *J. Nutr.* 2010;140(10):1774-1780. 5) Murphy RA, Mourtzakis M, Chu QS, et al. Nutritional intervention with fish oil provides a benefit over standard of care for weight and skeletal muscle mass in patients with non-small cell lung cancer receiving chemotherapy. *Cancer.* 2011;117(8):1775-1782. 6) Silva JD, Trindade EB, Fabre ME, et al. Fish oil supplement alters markers of inflammatory and nutritional status in colorectal cancer patients. *Nutrition and cancer.* 2012;64(2):267-273.



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caring for life

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