

# Survimed® OPD Drink

Available in Vanilla flavour  
in 200 ml EasyBottle



## Nutritional Information

<b>Nutrition values</b>		<b>per 100 ml</b>	<b>bottle = 200 ml</b>
<b>Energy</b>	kJ (kcal)	420 (100)	840 (200)
<b>Fat</b>	g	2,8	5,6
of which saturates	g	1,46	2,9
of which MCT*	g	1,33	2,7
of which mono-unsaturates	g	0,79	1,6
of which polyunsaturates	g	0,55	1,1
<b>Carbohydrate</b>	g	14,1	28,2
of which sugars	g	5,0	10,0
of which lactose	g	≤ 0,1	≤ 0,2
<b>Fibre</b>	g	< 0,1	< 0,2
<b>Protein</b>	g	4,65	9,3
<b>Salt</b>	g	0,20	0,40
<b>Vitamins</b>			
Vitamin A	µg RE°	92	184
of which β-Carotene	µg RE°	22	44
Vitamin D	µg	1,0	2,0
Vitamin E	mg α-TE°°	1,3	2,6
Vitamin K	µg	6,7	13,4
Vitamin C	mg	8,0	16
Thiamin	mg	0,13	0,26
Riboflavin	mg	0,17	0,34
Niacin	mg/mg NE°°° 1,00/2,02	2,00/4,04	
Vitamin B <sub>6</sub>	mg	0,16	0,32
Folic acid	µg	26,7	53,4
Vitamin B <sub>12</sub>	µg	0,27	0,54
Biotin	µg	5,0	10,0
Pantothenic acid	mg	0,47	0,94
<b>Minerals, trace elements and other* nutrients</b>			
Sodium	mg	80	160
Potassium	mg	200	400
Chloride	mg	83	166
Calcium	mg	65	130
Phosphorus	mg	48	96
Magnesium	mg	25	50
Iron	mg	1,3	2,6
Zinc	mg	1,2	2,4
Copper	mg	0,13	0,26
Manganese	mg	0,27	0,54
Fluoride	mg	0,13	0,27
Selenium	µg	6,7	13,4
Chromium	µg	6,7	13,4
Molybdenum	µg	10	20
Iodine	µg	13,3	26,6
Choline <sup>#</sup>	mg	36,7	73,4
<b>Osmolarity</b>	mosmol/l	410	
<b>Water</b>	ml	85	170
<b>Caloric distribution (kJ%)</b>			
Fat 25, carbohydrate 56,4, fibre 0, protein 18,6			

\*medium chain triglycerides (MCT), °retinol equivalents (RE), °°alpha-tocopherol equivalents (α-TE), °°°niacin equivalents (NE)

## General Information

### Food for special medical purposes.

For the dietary management in case/risk of malnutrition, esp. with malabsorption. Nutritionally complete 1 kcal/ml peptide-based oral nutritional supplement. With hydrolysed whey, fibre-free, with MCT. Clinically free from lactose, gluten free.

### Dosage:

2–3 bottles/day for supplementary nutrition or 7–8 bottles/day for complete nutrition, or as advised by a healthcare professional.

### Important notice:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable in case of galactosaemia.

### Storage:

At room temperature. Once opened refrigerate and use within 24 hours.

### Instructions for use:

Best served chilled. Shake well before use.  
Packaged in a protective atmosphere.

### Additional considerations:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Not suitable for patients with congenital inability to metabolise nutrients contained in Survimed OPD Drink. In patients with severe forms of organ failure such as severe liver or kidney insufficiency, Survimed OPD Drink should be used with caution depending on the patient's tolerance of nitrogen.

## Ingredients

Water, maltodextrin, whey protein hydrolysate, sucrose, vegetable oils (rapeseed oil, safflower oil), medium chain triglycerides (MCT), potassium hydrogen phosphate, flavourings, calcium citrate, sodium chloride, stabilisers (E 460, E 466), choline chloride, vit. C, magnesium oxide, potassium chloride, emulsifier (E 472c), zinc sulphate, iron sulphate, vit. E, niacin, manganese chloride, pantothenic acid, copper sulphate, sodium fluoride, vit. B<sub>1</sub>, vit. B<sub>2</sub>, vit. B<sub>6</sub>, β-carotene, vit. A, folic acid, chromium chloride, sodium molybdate, sodium selenite, biotin, potassium iodide, vit. K<sub>1</sub>, vit. D<sub>3</sub>, vit. B<sub>12</sub>

## Flavour

Vanilla

- 1) Alexander DD, Bylsma LC, Elkayam L, et al. Nutritional and health benefits of semi-elemental diets: A comprehensive summary of the literature. *World J Gastrointest Pharmacol Ther.* 2016;7(2):306-319.  
2) Hegazi RA, Wischmeyer PE. Clinical review: optimizing enteral nutrition for critically ill patients - a simple data-driven formula. *Crit Care.* 2011;15(6):234. 3) Babayan VK. Medium chain triglycerides and structured lipids. *Lipids.* 1987;22(6):417-420.



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