

# Survimed® OPD 1.5 KCAL Drink

Available in two delicious flavours  
in 200 ml EasyBottle



## Nutritional Information

Nutrition values		per 100 ml	bottle = 200 ml
Flavour Vanilla			
<b>Energy</b>	kJ (kcal)	630 (150)	1260 (300)
<b>Fat</b>	g	4,2	8,4
of which saturates	g	2,3	4,6
of which MCT*	g	2,1	4,2
of which mono-unsaturates	g	1,2	2,4
of which polyunsaturates	g	0,8	1,6
<b>Carbohydrate</b>	g	20,6	41,2
of which sugars	g	7,4	14,8
of which lactose	g	≤ 0,1	≤ 0,2
<b>Fibre</b>	g	≤ 0,1	≤ 0,2
<b>Protein</b>	g	7,5	15,0
<b>Salt</b>	g	0,33	0,66
<b>Vitamins</b>			
Vitamin A	µg RE°	138	276
of which β-Carotene	µg RE°	33,3	66,6
Vitamin D	µg	2,01	4,02
Vitamin E	mg α-TE°°	2,70	5,4
Vitamin K	µg	9,75	19,5
Vitamin C	mg	19,5	39,0
Thiamin	mg	0,23	0,45
Riboflavin	mg	0,24	0,48
Niacin	mg/mg NE°°°	1,5/3,13	3,0/6,26
Vitamin B <sub>6</sub>	mg	0,27	0,54
Folic acid	µg	31,5	63,0
Vitamin B <sub>12</sub>	µg	0,51	1,02
Biotin	µg	6,75	13,5
Pantothenic acid	mg	0,90	1,8
<b>Minerals, trace elements and other<sup>†</sup> nutrients</b>			
Sodium	mg	130	260
Potassium	mg	303	606
Chloride	mg	125	250
Calcium	mg	95	190
Phosphorus	mg	75	150
Magnesium	mg	30	60,0
Iron	mg	2,25	4,50
Zinc	mg	1,65	3,3
Copper	mg	0,24	0,48
Manganese	mg	0,54	1,08
Fluoride	mg	0,20	0,40
Selenium	µg	10,8	21,6
Chromium	µg	10,8	21,6
Molybdenum	µg	14,3	28,6
Iodine	µg	21	42,0
Choline <sup>†</sup>	mg	55,0	110
<b>Osmolarity</b>	mosmol/l	578	
<b>Water</b>	ml	77	154
<b>Caloric distribution (kJ%)</b>			
Fat 25, carbohydrate 55, fibre 0, protein 20			
*medium chain triglycerides (MCT), ° retinol equivalents (RE); °° alpha-tocopherol equivalents (α-TE); °°° Niacin equivalents (NE)			

## General Information

### Food for special medical purposes.

For the dietary management in case/risk of malnutrition, esp. with malabsorption. Nutritionally complete, high energy (1,5 kcal/ml) peptide-based oral nutritional supplement. High protein (hydrolysed whey), fibre-free, high in MCT. Clinically free from lactose, gluten free.

### Dosage:

≥ 1 bottle/day for supplementary nutrition or 5 bottles/day for complete nutrition, or as advised by a healthcare professional.

### Important notice:

To be used under medical supervision. Suitable as sole source of nutrition. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable in case of galactosaemia.

### Storage:

At room temperature. Once opened refrigerate and use within 24 hours.

### Instructions for use:

Best served chilled. Shake well before use. Packaged in a protective atmosphere.

### Additional considerations:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malabsorption. Not suitable for patients with congenital inability to metabolise nutrients contained in Survimed OPD 1.5 KCAL Drink.

## Ingredients

**Ingredients (Flavour Vanilla):** Water, maltodextrin, whey protein hydrolysate (from milk), sucrose, medium chain triglycerides, vegetable oils (rapeseed oil, safflower oil), flavourings, potassium phosphate, calcium citrate, stabilisers (E 460, E 466), potassium chloride, choline chloride, vitamin C, sodium chloride, calcium chloride, acidity regulator (E 524), magnesium oxide, emulsifier (E 472), ferrous sulphate, zinc sulphate, vitamin E, manganese chloride, niacin, pantothenic acid, thiamin, cupric sulphate, riboflavin, vitamin B<sub>6</sub>, sodium fluoride, vitamin A, β-carotene, folic acid, chromium chloride, sodium molybdate, sodium selenite, biotin, vitamin K, potassium iodide, vitamin D, vitamin B<sub>12</sub>

Nutrition information for flavour Vanilla. Detailed nutrition information of the other flavour can be found at [www.fresubin.com](http://www.fresubin.com)

## Flavours

Cappuccino, Vanilla

1) Alexander DD, Bylsma LC, Elkayam L, et al. Nutritional and health benefits of semi-elemental diets: A comprehensive summary of the literature. *World J Gastrointest Pharmacol Ther.* 2016;7(2):306-319. 2) Hegazi RA, Wischmeyer PE. Clinical review: optimizing enteral nutrition for critically ill patients - a simple data-driven formula. *Crit Care.* 2011;15(6):234. 3) Babayan VK. Medium chain triglycerides and structured lipids. *Lipids.* 1987;22(6):417-420.



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caring for life

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