

Fresubin® PROTEIN ENERGY Drink

Available in six delicious flavours
in 200 ml EasyBottle



Nutritional Information

Nutrition values		per 100 ml	bottle = 200 ml
Flavour Tropical Fruits			
Energy		630	1260
	(kJ)	(150)	(300)
Fat		6,7	13,4
of which saturates	g	0,6	1,2
of which mono-unsaturates	g	4,9	9,8
of which polyunsaturates	g	1,2	2,4
Carbohydrate		12,4	24,8
of which sugars	g	7,1	14,2
of which lactose	g	≤ 0,4	≤ 0,8
Fibre	g	0	0
Protein	g	10,0	20,0
Salt	g	0,13	0,26
Vitamins			
Vitamin A	µg RE°	213	426
of which β-Carotene	µg RE°	63	126
Vitamin D	µg	2,5	5,0
Vitamin E	mg α-TE°°	3,75	7,5
Vitamin K	µg	21	42
Vitamin C	mg	18,8	37,6
Thiamin	mg	0,3	0,6
Riboflavin	mg	0,4	0,8
Niacin	mg/mg NE°°°	1,5/3,18	3,0/6,36
Vitamin B ₆	mg	0,43	0,86
Folic acid	µg	62,5	125,0
Vitamin B ₁₂	µg	0,75	1,5
Biotin	µg	9,4	18,8
Pantothenic acid	mg	1,5	3,0
Minerals and trace elements			
Sodium	mg	50	100
Potassium	mg	130	260
Chloride	mg	73	146
Calcium	mg	205	410
Phosphorus	mg	120	240
Magnesium	mg	28	56
Iron	mg	2,5	5,0
Zinc	mg	2	4
Copper	mg	0,38	0,75
Manganese	mg	0,5	1,0
Fluoride	mg	0,25	0,5
Selenium	µg	13,5	27
Chromium	µg	12,5	25,0
Molybdenum	µg	18,8	37,6
Iodine	µg	37,5	75,0
Osmolarity	mosmol/l	380	
Water	ml	79	158
Caloric distribution (kJ%)			
Fat 40, carbohydrate 33, fibre 0, protein 27			
° retinol equivalents (RE), °° alpha-tocopherol equivalents (α-TE), °°° niacin equivalents (NE)			

General Information

Food for special medical purposes.

For the dietary management in case/risk of malnutrition, esp. with increased energy and protein needs. Nutritionally complete, high energy (1,5 kcal/ml), high protein oral nutritional supplement. Clinically free from lactose, gluten free.

Dosage:

2 - 3 bottles/day for supplementary nutrition or 4 - 5 bottles/day for complete nutrition, or as advised by a healthcare professional.

Important notice:

To be used under medical supervision. Suitable as sole source of nutrition. If used for complete nutrition ensure adequate electrolyte intake. Not suitable for children < 3 years. Use with caution in children < 6 years. Not suitable in case of galactosaemia.

Storage:

At room temperature. Once opened refrigerate and use within 24 hours.

Instruction for use:

Best served chilled. Shake well before use. Packaged in a protective atmosphere.

Additional Considerations:

Not suitable whenever enteral nutrition is not permitted such as in acute gastrointestinal bleeding, ileus and shock. Use with caution in severe organ failure with impaired metabolism and severe forms of malassimilation. Not suitable for patients with congenital inability to metabolise nutrients contained in Fresubin PROTEIN ENERGY Drink.

Ingredients

Ingredients (Flavour Tropical Fruits): Water, milk protein, sucrose, vegetable oils (sunflower oil, rapeseed oil), maltodextrin, potassium citrate, flavouring, emulsifiers (E 471, soya lecithins), sodium chloride, vit. C, magnesium oxide, magnesium citrate, iron pyrophosphate, zinc sulphate, manganese chloride, vit. E, pantothenic acid, niacin, copper sulphate, vit. B₂, vit. B₆, sodium fluoride, vit. B₁, β-carotene, vit. A, folic acid, chromium chloride, potassium iodide, sodium molybdate, sodium selenite, vit. K₁, biotin, vit. D₃, vit. B₁₂

Nutrition information for flavour Tropical Fruits. Detailed nutrition information of the other flavours can be found at www.fresubin.com

Flavours

Cappuccino, Chocolate, Nut, Tropical Fruits, Vanilla, Wild Strawberry

1) Cawood AL, Elia M, Stratton RJ. Systematic review and meta-analysis of the effects of high protein oral nutritional supplements. *Ageing Res Rev.* 2012;11(2):278–296. 2) Paddon-Jones D, Rasmussen BB. *Curr Opin Clin Nutr Metab Care.* 2009;12(1):86–90. 3) Hubbard GP, Elia M, Holdaway A, et al. A systematic review of compliance to oral nutritional supplements. *Clin Nutr.* 2012;31(3):293–312.



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caring for life

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